

**Directions:** Mix 1.5 teaspoons of Active Fiber Drink Mix with Herbalife® shakes, drink mixes, Herbal Aloe Drink, Thermojetics® teas, water or other beverages. Herbalife® Active Fiber Drink Mix is not intended to be taken dry and should be mixed in a liquid.

Fiber is an important part of a proper diet and is abundant in many fresh fruits, vegetables and whole grains. Yet, Western diets generally provide approximately 10 grams of fiber per day. Increasing fiber intake to 20-30 grams per day is desirable.

Herbalife® Active Fiber is a proprietary formula that is a unique blend of four dietary fibers with different but synergistic actions that combine to support intestinal health for people who lack sufficient fiber in their diets.

These fibers may help promote intestinal regularity, support the growth of good bacteria, promote regular bowel function and aid the process of digestion.

Herbalife® Active Fiber Drink Mix is fully soluble, high in fiber, non-gelling, non-allergenic, and contains prebiotic fibers which promote the growth of good bacteria in the intestines. It is easy to mix into any of your favorite Herbalife® beverages and has a very mild flavor.

SEE RIGHT PANEL FOR NUTRITION INFORMATION

Herbalife products are available only through Herbalife Independent Distributors.

30-day money-back guarantee.

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HERBALIFE  
THERMOJETICS®  
FIBER DRINK MIX

active fiber

NET WT 7.4 OZ (210 G)

## Nutrition Facts

Serving Size: 1½ Tsp. (6 g)

Servings Per Container: 35

### Amount Per Serving

Calories 20    Calories from Fat 0

**% Daily Value\***

Total Fat 0 g    **0%**

Saturated Fat 0 g    **0%**

Cholesterol 0 mg    **0%**

Sodium 10 mg    **<1%**

Potassium 1 mg    **<1%**

Total Carbohydrate 6 g    **2%**

Dietary Fiber 5 g    **20%**

### % Daily Value\*

Sugars 0 g    **0%**

Protein 0 g    **0%**

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat. Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**Ingredients:** Arabinogalactan, Maltodextrin, Hydrolyzed Guar Gum, Oligofiber, Silicon Dioxide and Glycerine.

Formulated exclusively for:

**HERBALIFE INTERNATIONAL**

**OF AMERICA, INC.**

Los Angeles, CA 90080-0210, U.S.A.

MADE IN U.S.A.

