

Protein Bar This deliciously chewy bar is packed with 12 grams of protein, 23 vitamins and minerals, plus soluble fiber, to help control your hunger with only 170 calories. Rich in protein, ShapeWorks™ Protein Bar is an ideal protein snack or protein boost on the go.

†7 Grams Net Impact Carbs per Serving ¹Net-impact carbs include only those carbohydrates that cause a noted impact on blood sugar and insulin response. Fiber, sugar alcohols (glycerine) and other carbohydrates are excluded.

DIRECTIONS: One or two bars per day for healthy snacking and weight loss. For variety, try our other delicious protein-rich snacks, too.

INSTRUCCIONES: Una o dos barras al día para disfrutar un bocadillo saludable y perder de peso. Para variar, también pruebe nuestros otros bocadillos ricos en proteínas.

CONTIENE INGREDIENTES DE LECHE, ALMENDRAS Y SOYA. PUEDE CONTENER TRAZAS DE OTROS FRUTOS SECOS Y SEMILLAS.

Store in a cool and dry place.

We offer a **30-day money-back guarantee** to assure your complete satisfaction. This exclusively formulated product is only available through Herbalife Independent Distributors.

¹1 gram represents carbohydrates which have an insulin-stimulating response. Other carbohydrates in the bar are derived from sugar alcohols, which are metabolized to fatty acids in the intestine, and fiber, neither of which stimulates a significant insulin response.

Nutrition Facts

Serving Size: 1 Bar (41.8 g)
Servings Per Carton: 14

Amount per Serving

Calories 170

Calories from Fat 60

Total Fat 7 g **11%**

Saturated Fat 3.5 g **18%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 115 mg **5%**

Potassium 115 mg **3%**

Total Carbohydrate 18 g[†] **6%**

Dietary Fiber 5 g **20%**

Sugar 7 g[†]

Sugar Alcohols 5 g

Other Carbohydrates 1 g

Protein 12 g **24%**

Vitamin A 20% • Vitamin C 20%

Calcium 20% • Iron 25%

Vitamin E 25% • Vitamin K 20%

Thiamin 20% • Riboflavin 25%

Niacin 20% • Vitamin B6 20%

Folate 25% • Vitamin B12 20%

Biotin 20% • Pantothenic Acid 20%

Phosphorus 20% • Iodine 20%

Magnesium 15% • Zinc 25%
Selenium 20% • Copper 20%
Manganese 20% • Chromium 20%
Molybdenum 25%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65 g	80 g
Sat. Fat	Less Than	20 g	25 g
Cholesterol	Less Than	300 mg	300 mg
Sodium	Less Than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Yogurt Flavored Coating (Sugar, Fractionated Palm Kernel Oil, Calcium Caseinate, Nonfat Milk, Soy Lecithin, Nonfat Yogurt Powder (cultured non-fat milk), Natural Flavor), Soy Protein Isolate, Whey Protein Isolate, Glycerine, Calcium Caseinate, Polydextrose, Oligofructose, Hydrogenated Starch Hydrolysate, Almond Butter (Ground Almonds), Honey, Soy Lecithin (with Ascorbyl Palmitate added to protect flavor), Margarine (Canola and Soybean Oil, Water, Fractionated Palm and Palm Kernel Oil, Salt, Mono- and Diglycerides, Soy Lecithin, Soy Protein Isolate, Potassium Sorbate (added to retard spoilage), Natural Flavor, Citric Acid), Water, Milk Mineral Concentrate, Natural Lemon Flavor, Malic Acid, Potassium Lactate, Mono- and Diglycerides, Magnesium Oxide, Citric Acid, Vitamin Mineral Premix (Maltodextrin, Ferric Orthophosphate, Ascorbic Acid, D-Alpha Tocopherol Acetate, Niacinamide, Zinc Oxide, Copper Gluconate, Calcium Pantothenate, Manganese Sulphate, Pyridoxine Hydrochloride, Riboflavin, Beta Carotene, Thiamine Mononitrate, Vitamin A Palmitate, Chromium Chloride, Folic Acid, Biotin, Potassium Iodide, Sodium Molybdate, Sodium Selenite, Phytonadione, Cyanocobalamin), Natural Vanilla Flavor (includes Caramel added for color), Mixed Tocopherols added to protect flavor (Soybean and Canola Oil), Potassium Sorbate, Turmeric Oleoresin Color and Sucralose (non-nutritive sweetener). **CONTAINS MILK, ALMONDS AND SOYBEAN INGREDIENTS. MAY CONTAIN TRACES OF OTHER VARIOUS NUTS AND SEEDS.**



Protein Bar

Protein-based snack for energy and nutrition

lemon

Naturally Flavored

14 Bars 1.47 oz / 41.8 g EACH (NET WT 20.64 oz / 585.2 g)